Sensible Care Solutions LLC , Dana Greenfield www.sensiblecaresolutions.com Call us Today at: 703-966-4485

How We Care

Locate Alternative and Accessible Living Arrangements

At Sensible Care Solutions (SCS) we assist in assessing appropriate living arrangements that best fit the needs of you and your loved ones. Finding appropriate senior housing with the assistance of a care manager is helpful when you're not sure where to turn. Your care manager is knowledgeable of available housing resources and will find the right fit for you. At SCS we will advocate and communicate your needs to ensure a positive transition, as well as monitor the quality of care your loved one needs and deserves. We also provide assistance with:

- Locating professional services (realtor) to sell a house, or assist with downsizing
- Locating professional services to make a house handicap accessible such as redesigning bathrooms, chairlifts, wheelchair ramps, making a home a safe and accessible so a loved one can remain at home as long as possible
- Locating an appropriate living situation (meet with family and client to assess the needs and wishes for securing the most desirable and affordable living):
 - o CCRC-Continuing Care Retirement Communities
 - Independent Living
 - Assisted Living
 - Nursing Home
 - o Adult Day Care
 - Home Care

Locate doctors and Specialty Medical Services

Sensible Care Solutions will assist in finding an appropriate doctor(s) that will best meet your loved ones medical needs. A care manager is available to set up appointments, as well as provide transportation and necessary follow up. Depending on medical needs and concerns a care manager has access to a variety of geriatric doctors, as well as specialty doctors. SCS will advocate when a family member or loved one cannot. At Sensible Care Solutions we will:

- Locate geriatric and specialty doctors known for being sensitive to the needs of patients by taking the time to listen and provide appropriate treatment
- Schedule appointments, as well as provide transportation. Accompany, at your request during a doctor visit to ensure concerns are communicated, and quality care is provided

- Schedule timely follow up visits to the doctor for medication review and recommendations for other medical attention or treatment
- Locate specialized mental health doctors and/or psychiatrists who can provide treatment, monitor medication and behavior, as well as develop a specific plan of care to meet mental health needs

Locate Elder Care Attorneys for Legal Advice and/or Preparing Legal Documents

Sensible Care Solutions can assist in linking your family with a reputable and trustworthy elder care attorney. Finding the right attorney to meet your legal needs is essential and necessary when you are seeking to create vital and sensitive documents such as:

- General Power of Attorney
- Medical Power of Attorney
- Guardianship
- Conservator

Locate Benefits and Financial Resources

Depending on financial and medical needs, Sensible Care Solutions can assist in locating benefits that are appropriate. Finding the right resources allows your loved one to have access to programs and services that will help in maintaining quality of life. Sensible Care Solutions will gladly assist with completing the paperwork necessary to apply for:

- Medicaid
- Food Stamps
- Housing Grants